Immortal Martial Arts – Terms & Conditions

These Terms & Conditions apply to all Immortal Martial Arts (IMA) members and "drop-ins." They form part of the membership agreement and are essential for maintaining high standards at the academy. Compliance ensures all members can enjoy training in a safe and respectful environment.

Any person who does not comply with these Terms & Conditions may be asked to leave, refused entry, or may have their membership suspended or terminated if their conduct is deemed serious or repeatedly breaches these rules.

We reserve the right to make reasonable amendments to these Terms & Conditions at any time. Updates will be published on our website.

General Conduct & Hygiene

- 1. Members must always behave respectfully towards other members, guests, and staff. Aggressive, threatening, abusive, or harassing behaviour will not be tolerated.
- 2. Shoes must be removed in reception and placed on the racks provided. No footwear is allowed on mats except wrestling shoes authorised for mat-only use, or shoes worn by emergency service personnel while working.
- 3. Sandals, sliders, or flip-flops must be worn when leaving the mat and entering toilets or shower areas. Going barefoot in these areas is not permitted.
- 4. Only one individual is permitted in a toilet or shower cubicle at a time.
- 5. Members must maintain high standards of personal hygiene. Nails should be clipped, and hands, hair, and feet should be clean. Members not meeting hygiene requirements may be asked to leave. Nail clippers and towels are available on request.
- 6. Training is not permitted with open sores, rashes, or wounds. Covering them is not sufficient. Staff will instruct anyone with such conditions not to participate.
- 7. Any blood must be cleaned and disposed of immediately using the provided sanitising products.

- 8. Respect your training partner at all times. Match the intensity of the session to their level. It is unacceptable to go 100% against a smaller or less experienced partner.
- 9. Members may use IMA equipment such as pads and bags, provided it is cleaned after use and returned to its proper storage place.
- 10. Training wear must be colourfast and free of zips, buttons, or studs that could damage mats.
- 11. Illegal drugs and alcohol are strictly prohibited. Members may not attend under the influence.
- 12. Smoking and the use of e-cigarettes is prohibited anywhere on the premises.
- 13. Membership may be terminated, and entry refused, in cases of serious or repeated breaches of these rules.
- 14. Complaints should be made privately to management, who will record the discussion, or sent by email to info@immortalleeds.com.
- 15. These Terms & Conditions also apply to parents or guardians of junior members.

Social Media & Communication

- 1. IMA provides moderated communication channels, including Facebook, Instagram, and WhatsApp groups managed by the academy.
- 2. Any additional member-created groups are unofficial and outside of IMA's control.
- Staff should not be contacted directly via their personal social media accounts for academy-related matters. Only responses from official IMA channels represent the academy's position.

Property & Parking

- 1. Members are advised not to bring valuables to the academy. IMA accepts no responsibility for lost, stolen, or damaged property.
- 2. Free parking is available at the academy. IMA accepts no responsibility for theft or damage to vehicles.

Memberships & Drop-Ins

- 1. Non-members attending a class must pay a drop-in fee to reception.
- 2. Subscription fees are final and non-refundable. It is the member's responsibility to cancel in advance if they cannot attend.
- 3. Failure to use your membership does not entitle you to a refund or credit.
- 4. Memberships do not include private lessons or consultations unless specified.
- 5. Memberships are non-transferable and must be used only by the registered member.
- IMA reserves the right to suspend, refuse, or cancel memberships if a member behaves in a way deemed unsafe, offensive, or in breach of these Terms & Conditions.

Disclaimer

- 1. IMA reserves the right to alter class timetables or instructors without prior notice.
- 2. Martial arts training carries inherent risks. While IMA takes measures to provide a safe environment (see Risk Assessment), accidents and injuries may occur.
- 3. Members accept the likelihood of minor injuries such as bruises, scrapes, or strains, and acknowledge the less frequent possibility of more serious injuries such as fractures, ligament damage, or similar.
- 4. While extremely rare, members also acknowledge there is a remote risk of severe injury or fatality.
- 5. IMA, its staff, and subcontractors cannot be held responsible for injuries, illness, accidents, or death except where liability is required by law under the Occupiers' Liability Act 1984.
- 6. Members are strongly advised to listen to their bodies, stop training if in pain, and seek medical attention if problems persist.
- 7. IMA strongly recommends that members obtain personal insurance to cover injuries sustained during training.

Membership Health Declaration

Before beginning training, members confirm they have considered the following:

- Has your doctor advised against physical exercise or training?
- Do you suffer from asthma, diabetes, epilepsy, or other conditions affecting physical activity?
- Do you take medication that could impact your ability to train?
- Do you suffer from allergies or heart conditions?
- Have you experienced chest pain, dizziness, or loss of balance recently?
- Do you have joint or bone issues that could be worsened by exercise?

If you answer "yes" to any of these, you must consult a doctor and, if necessary, provide medical clearance before training.

By continuing with membership, you confirm that you are fit to train or have received clearance from a medical professional.

Updated September 2025

For all enquiries, please contact: info@immortalleeds.com